

START HERE

2 Round edges to protect tape from chewing and scratching.

1 Tear across the backing paper approx. 2 to 4 inches from the end of the tape. Longer/slick coats may benefit from a 4 inch anchor base or an adhesive spray.

3 Remove the backing paper and this will create an anchor base.

4 Apply the anchor base without any stretch.

5 Gently peel the backing paper away from a section of the tape.

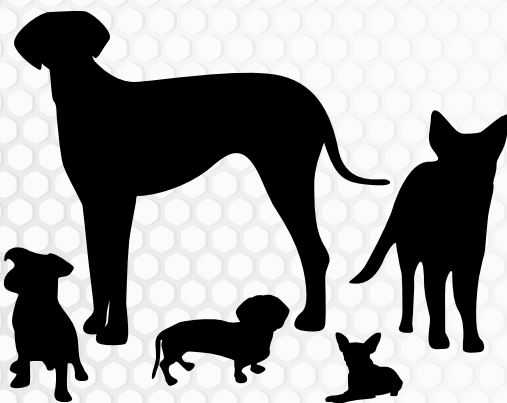
6 Apply long pieces of tape in short sections. Rub the tape vigorously in the direction of the coat, generating heat to activate the adhesive.

IMPORTANT: FOLLOW THE NO STRETCH INSTRUCTIONS. STRETCHING THE TAPE MAY CAUSE DISCOMFORT, IRRITATION AND ITCHINESS ON APPLICATION SITES. IF THIS OCCURS, DISCONTINUE USE AND CONSULT A PROFESSIONAL.

# CANINE TAPING

Dogs come in all shapes and sizes.

Our 2" tape works well for large to medium-sized dogs. For small dogs, cut the 2-inch tape lengthwise to create 1-inch wide strips.



## ANCORING/TECHNIQUES/RECOMMENDATIONS

- 1 Some cases may call for an anchor strip across the end of the long tape application to keep tape firmly in place.
- 2 Sometimes each end may require an anchor strip.

## TRAPEZIUS

- 1 Apply tape using no stretch from behind the shoulder up towards the neck (cranial component).
- 2 Apply tape from the front of the shoulder towards the spine (thoracic component).

## LONGISSIMUS DORSI SUPPORT

- 1 Apply tape on each side of the spine from shoulders to iliac bones using no stretch.
- 2 Apply an anchor strip across the ends as needed.

## DISC BULGE

- 1 Apply four pieces (order does not matter,) in a star pattern over the painful area/disc bulge.
- 2 Apply an anchor strip across the ends as needed.

## KNEE SUPPORT

- 1 Apply tape across the knee joint.
- 2 Apply a 2-inch strip to half of the knee base and finish up onto the quad and. Repeat on other side of knee and quad.

## SACRO-ILIAC SUPPORT

- 1 Apply tape in an "X" pattern over the sacrum.
- 2 Apply an anchor strip across the ends as needed.

## BACK PAIN

- 1 Use two 2-inch tape strips (or 4-inch tape cut into an "X"). Start behind the shoulder blades and end at the dock of the tail.
- 2 Apply an anchor strip across the ends if needed.

## CORE

- 1 Apply from one side of the abdomen across the midline and extend upwards towards the last rib. Repeat on the other side.
- 2 Apply an anchor strip across the ends if needed.

## HIND END WEAKNESS/REAR LEG PAIN

- 1 Apply two pieces of tape without stretch from in front of the iliac bones, finishing just inferior to the knee.
- 2 Apply an anchor strip across the ends as needed.

## DEGENERATIVE MYELOPATHY

- 1 Apply tape without stretch across the lumbar spine extending to the ischium on the opposite side, forming an "X" pattern.
- 2 Apply two decompression strips, one across the pelvis and one across the thoracolumbar region.

## LUMBOSACRAL WITH DECOMPRESSION

- 1 Apply tape on either side of the spine from the start of the gluteals, ending at the dock of the tail.
- 2 Apply a decompression strip across the painful area (eg. lumbosacral junction).

## HIP PAIN/INSTABILITY

- 1 Cut tape into a "Y" shape. Apply the base above the knee and apply the fingers to either side of the hip joint with no stretch.
- 2 Apply tape over the pelvis covering both iliums.

## SHOULDER

- 1 Cut tape into a "Y" shape. Lay base over mid shoulder and apply fingers to the upper foreleg.
- 2 Apply a decompression strip across the painful area (eg point of shoulder).

## CERVICAL

- 1 Use two 2-inch strips. Start at the withers and apply without stretch towards the head whilst the dog's head is in extension.
- 2 Apply an anchor strip across the ends if needed.