Dogs come in all shapes and sizes. Our 2” tape works well for large to medium-sized dogs. For small dogs, cut the 2-inch tape lengthwise to create 1-inch wide strips.

### Canine Taping

#### Longissimus Dorsi Support
1. Apply tape on each side of the spine from the shoulder blades to the base of the tail.
2. Apply an anchor strip across the ends as needed.

#### Disc Bulge
1. Apply two 3-inch tape strips (or 4-inch tape cut into “X”). Start behind the shoulder blades and end at the base of the tail.
2. Apply an anchor strip across the ends if needed.

#### Back Pain
1. Use two 3-inch tape strips (or 4-inch tape cut into “X”). Start behind the shoulder blades and end at the base of the tail.
2. Apply an anchor strip across the ends if needed.

#### Core
1. Apply from one side of the abdomen across the midline and extend upwards towards the last rib. Repeat on the other side.
2. Apply an anchor strip across the ends if needed.

#### Lumbar Sacral with Decompression
1. Use two 2-inch tape strips (or 4-inch tape cut into “Y”). Start behind the shoulder blades and end at the base of the tail.
2. Apply a decompression strip across the painful area (e.g., lumbar sacral junction).

#### Hip Pain/Instability
1. Cut tape into a “Y” shape. Apply the base above the bone and apply the legs to either side of the leg until they meet at the top (no stretch).
2. Apply tape over the pelvis covering both sides.

#### Shoulder
1. Cut tape into a “Y” shape. Use base over the shoulder and apply legs to the super femoral.
2. Apply a decompression strip across the painful area (e.g., acromial junction).

#### Hind End Weakness/Rear Leg Pain
1. Apply two pieces of tape without stretch from the hip to the base of the tail, starting just past the pelvis on each side.
2. Apply an anchor strip across the ends if needed.

#### Degenerative Myelopathy
1. Apply tape without stretch across the lumbar spine extending to the iliac bones on the opposite side forming an “X” pattern.
2. Apply two decompression strips, one across the pelvis and one across the thoracolumbar region.
3. Apply four pieces (order does not matter) in a star pattern over the painful area/disc bulge.
4. Apply an anchor strip across the ends as needed.

#### Trapezius
1. Apply tape across the neck joint. Use one 3-inch strip at the base of the neck below the base of the ears.
2. Apply an anchor strip across the ends if needed.

#### Sacro-Iliac Support
1. Apply tape across the knee joint.
2. Apply a 2-inch strip to half of the knee base and finish up onto the quad and. Repeat on other side of knee and quad.

#### Cervical
1. Use two 2-inch strips. Start at the withers and apply without stretch towards the head whilst the dog is in lateral extension.
2. Apply an anchor strip across the ends if needed.

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IMPORTANT: FOLLOW THE NO STRETCH INSTRUCTIONS. STRETCHING THE TAPE MAY CAUSE DISCOMFORT, IRRITATION AND ITCHINESS ON APPLICATION SITES. IF THIS OCCURS, DISCONTINUE USE AND CONSULT A PROFESSIONAL.