



Go stronger, longer

ROCKTAPE

EQUINE

TAPING TIPS FOR ROCKTAPE EQUINE

1. Fur must be clean and free from oils, lotions and moisture prior to application ie avoid using shampoos that have an oily composition prior to taping.
2. Fur does not have to be clipped. This is optional - shave or clip long hairs that might impede adherence of tape.
3. Alternatively the fur can be prepared by using an adhesive spray such as Safe Hands Ball Grip by Alpha Sport, under **Rocktape Equine** for extra adhesion.
4. The equine needs to be at resting body temperature prior to application.
5. Apply one hour before exercise to allow the **Rocktape Equine** time to bond to the fur.
6. Measure length of **Rocktape Equine** required, cut length and then round corners to prevent the sharp edges from catching on saddle cloth, rugs etc.
7. **Rocktape Equine** may be cut into sections to allow for proper contouring around joint lines/creases.
8. End **Rocktape Equine** on the fur where possible as **Rocktape Equine** sticks better to the fur than it does to itself.
9. Apply the first 5 cm and the last 5 cm of **Rocktape Equine** without any stretch .
10. Activate the adhesive by rubbing the tape with your hand in the direction of the fur, as the glue is heat activated. This is particularly important in the equine application.

11. If **Rocktape Equine** is applied with too much stretch it causes traction to the skin and subsequent irritation.
12. Malting horses can be problematic with regard to keeping the tape in place.
13. Applying too much stretch will reduce the likelihood of the **Rocktape** adhering effectively.
14. Due to the tension on the tape relative to the direction of the fur an anchor piece of tape may need to be applied at the most distal end of the tape. Especially if stretch is applied.
15. Having the ends of the tape laid on without any stretch is vital to ensure that the tape stays in place.

Rocktape Equine can remain on for 3-4 days. If the area **Rocktape Equine** has been applied to starts to itch, then remove it immediately.

WHEN REMOVING ROCKTAPE EQUINE:

1. Be gentle, roll the tape off in the direction of fur.
2. NEVER rip the tape off.
3. If required the adhesive can be removed from the fur with methylated spirits

SAFETY

It is important to note that some horses may behaviorally react to the tape, just as they would a nuisance fly on their skin. This is due to the horse's highly evolved proprioception mechanism that is regulated and monitored from receptors located in the muscles, tendons and joints.

Always position yourself in a safe place in relation to the horse when applying **Rocktape Equine**. It is advisable to lunge the horse once the tape has been applied to determine the effect of the tape on the horse, prior to riding.



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EQUINE

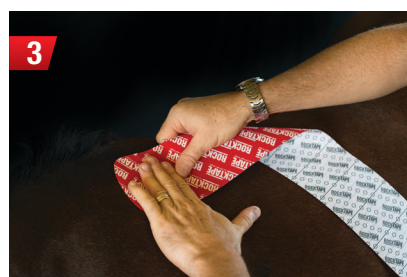
TAPING TECHNIQUE EQUINE



1
Tear across the backing paper
2"/5cm from the end of the tape.



2
Remove the backing paper and this
will create a 2"/5cm anchor.



3
Apply the first 2"/5cm without
any stretch.



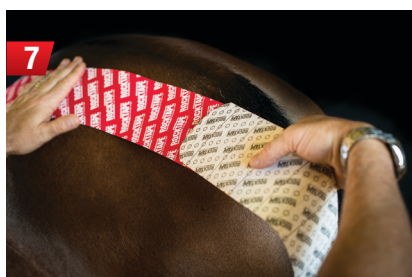
4
Gently peel the backing paper away
from the length of tape.



5
Apply a small amount of stretch as
you lay the tape on



6
Apply long pieces of tape in short
sections. Rub the tape vigorously
in the direction of the fur to activate
the adhesive.



7
Don't apply any tension to the final
2"/5cm of tape.